

# Kids Can Save!

Help save energy in your home with these easy steps.

Visit the WARM Training Center website: [www.warmtraining.org](http://www.warmtraining.org)



## 1) Shut it down!

If it's got a switch, then turn it off! Any time you leave on a light, a TV, a video game, or radio, you're wasting energy. Whenever you leave the room - shut it down!

Help the rest of your family remember to shut it down too. Everyone will save more!



**Did you know?** The fridge is the biggest electricity user in most homes -- shut that door!

## 2) Try all spiral

Switching your lights to the spiral lightbulbs. These bulbs cost more but they save a lot of energy AND a lot of money.

**One bulb can save \$50-\$90!**

If you find a light that's on a lot, but it's not a spiral bulb, ask your parents to switch it.



**Did you know?** One spiral bulb can keep over 1/2 ton of pollution out of the air?

## 3) Drop a few Degrees

Remind your folks: During the winter, turn down the thermostat at night or when everyone leaves the house for the day.

This is one of the easiest and most effective ways to save energy.



**Think about it!** How should you adjust the thermostat to save on air conditioning costs?

## 4) Stop the drafts

Be a draft detective! Search for anywhere air leaks into the house - around doors, drafty windows, even under the sink!

Make a list and show your parents where the leaks are. They'll show you how to seal them up and make your home more comfortable!



**Think about it!** A ship sinks if it has water leaks. What happens if a house leaks air?

Try these online energy games:

Energy Hog:

[www.energyhog.org](http://www.energyhog.org)

Dr. E's Energy Lab: [www.eere.energy.gov/kids](http://www.eere.energy.gov/kids)

Fun-ergy:

[www.cwndesign.co.uk/funergy](http://www.cwndesign.co.uk/funergy)

